

Week commencing: Monday 26th January 2026 ~ 26/01/2026

Day	Breakfast	Soup	Midday Meal	Tea	Supper
Monday	The smallest chameleon is the size of a match stick head, it lives among the leaf litter of Madagascar and has all the exact same anatomical details of the largest chameleon. 		Minced beef and vegetables with Yorkshire pudding, carrots, sweetcorn and baby potatoes Vegetable spring rolls and curry sauce Lemon sponge and custard	Fish (Plaice and cod) goujons with mushy peas and potato fries Eve's pudding and cream	Toast and drinks
Tuesday	Hash browns Scrambled eggs and beans Fruit juice Yoghurts	Pea and ham (GF) (DF)	Slow roasted belly pork with Boulangère Potatoes, carrots and green beans Quorn sausages Raspberry trifle	Lamb madras, rice and naan bread Donuts	Toast and drinks
Wednesday	Fruit smoothies Scrambled eggs and beans Fruit juice Yoghurts		Roast chicken and stuffing, roast potatoes, cauliflower cheese and carrots Roasted butternut squash with chilli and sage crumb Sticky toffee pudding and cream	Ham, egg, chips and tomatoes Raspberry and white chocolate blondie	Toast and drinks
Thursday	Sausages Scrambled eggs and beans Fruit juice Yoghurts	Veggie and coconut curry (V) (GF) (DF)	Steak and mushroom pie with mashed potatoes, peas and broccoli Parmesan and garlic oven roasted cauliflower Apple crumble and custard	Toad in the hole with mashed potato, gravy and carrots Cream scones	Toast and drinks
Friday	Full English Fruit juice Yoghurts		Fish, chips, peas, beans and curry sauce Chicken and chorizo risotto Peppermint slice	The largest chameleon is the size of a small domestic cat 	The main reason they change colour is to reflect their mood. They don't change colour to blend into their surroundings.

Meals will be served with seasonal vegetables, jacket potatoes, salad bar, fresh fruit and yoghurt

Homemade soup with fresh baked bread served at lunchtimes

(g) gluten free (v) vegetarian (d) dairy free